

REGIONAL MANAGEMENT GROUP MEETING

Date: February 27, 2015

Time: 9:00 a.m.

Attendees: Joe Wilson, Alan Wooten, Beth Tschopp, Joe Rajnic, Lyanne Trumbull, Jim Newton, Tisha Deeghan, Suzanne Chis, Tom Young

Guests: Connie Cochran, Lisa Madrin, Phil Caldwell, Barbara Wadley, Jean Hartman, Evan Jones, Margaret Graham, Wendy Ford, JoAnna Barnes, Jackie Turner, Donna McHugh

Absent: None.

Recorder: Julie Parkhurst

Call to Order: Joe Wilson called the meeting to order at 9:00 a.m. Welcome and introductions were made.

Notes: Notes from the January 23, 2015 meeting were approved and signed.

Handouts: Agenda, RMG Meeting Notes (January 23, 2015), Regional Utilization Management Report, FY14 HPR II Regional Funds Budget Status, LIPOS Budget Projections, Exceptions Report: FY15, GMU Conference Info flyer.

TOPIC	DISCUSSION	REC/ACTIONS	RESPON-SIBLE PARTY	F/U DATE
DBHDS	<p>Connie Cochran; Assistant Commissioner for Developmental Services</p> <ul style="list-style-type: none"> • Key elements of new ISP (training to be provided) are expected to be in place by 4/1/15. Elements should start being used in new plans. • Project Link update is expected on 3/2/15. • Waiver Design Updates: <ul style="list-style-type: none"> ○ Waiver advisory committee is being re-convened and the waiver plan is due to the General Assembly by 11/1/15. It has to go through two step reviews before that. Once the waiver design is approved by legislature, it goes to CMS. ○ Virginia is ahead of the curve on waiver redesign. ○ The independence waiver is a day support waiver that will be revamped and have two tiers instead of four. ○ Three current waivers will be amended. The goal is to reduce the wait list. Most are under age 22. There will be an increased cost to current waivers, the biggest increase being in skilled nursing (15%) and in-home (5%) rates. Rates will increase by \$16 million as of 7/1/15. ○ Skilled nursing is in multiple waivers and people should be able to move seamlessly between waivers. 			

REGIONAL MANAGEMENT GROUP MEETING

TOPIC	DISCUSSION	REC/ACTIONS	RESPON- SIBLE PARTY	F/U DATE
DBHDS (cont.)	<ul style="list-style-type: none"> ○ People on the 5th, 6th and 7th tiers make up 14% of the people served. • Burns and Associates follow-up / Waiver Rates: <ul style="list-style-type: none"> ○ The difference between Northern Virginia and the rest of the state is mostly wages (17-19%). ○ A follow up call is scheduled with Burns and Associates on 3/2/15. The report will be published on 300+ comments, including transportation limits. Non-medical transport is in some waivers. ○ Self survey info will tell how many providers will comply and how they will be compliant by March 2019. Amended waivers are being pursued because new waivers require compliance on Day 1, which leaves no transition period. It is expected that providers will say how they can be compliant; however, increased resources will be needed to do it. ○ Challenges exist for costs of events/activities in Northern Virginia. Funds are needed for people to participate. • There will be a new community resource consultant. The position has been posted. Licensure is understaffed. • Department with providers will explore what providers have in place that produces better outcomes. Consider how they monitor themselves, report incidents and correct themselves. • Safety Care is a new training initiative. This reduces the use of restraints and helps de-escalate situations. It will be used first with the most severe 10% of cases and autism. REACH has a trainer and may be called for training. • DD Health Support Network will be used for the RCSC transition. Dr. Adams is currently working with staff on this and it is underway in Region 4. Region 2 will be next. Regional nurses are being hired for Region 2. The plan is to determine what is needed in the community and put services in place. It is hoped that this will occur by the end of 2015. • DBHDS is trying to put dental services into the waivers along with rehab and nurse supports. The Region 2 nurse (Susan) has met with physical therapy, etc. and dental clinics. • For Money Follows the Person, must have Medicaid payment for at least one night, client must be at an ICF for at least one night. MFP is being dissolved with new waiver. Some CSBs run ICFs. The issue is people who are only diagnosed with DD are not eligible for residential under Medicaid. 			

REGIONAL MANAGEMENT GROUP MEETING

TOPIC	DISCUSSION	REC/ACTIONS	RESPON-SIBLE PARTY	F/U DATE
DBHDS (cont.)	<ul style="list-style-type: none"> The current waiver manual will change. All three waivers will be DD with a subset for ID. Bridge funding is available until 7/1/16 to provide services and qualify for the enhanced rate. Tiers at group homes go into effect 7/1/15 and everyone who qualifies will get the enhanced rate. Denials are being tracked. The status of the existing 25 slots: the transitional plan was submitted, which triggered a 120 day process and public hearing. The process has been complicated. Amendments went in last week. Slots won't/can't be distributed to CSBs. They have been distributed throughout the State. NVTC census is now at 75. Weekly visits are taking place with new providers. One discharge took place this week. Census is expected to be at 61 by June 2015. There are seven residential settings at NVTC versus 12 one year ago. The weather has delayed some discharges statewide. Two people who are potentially at risk with no funding are being worked on. Only two people currently may end up at another training center. 			
Regional Projects Updates	<p>REACH – ID/DD Children</p> <ul style="list-style-type: none"> A proposal was drafted for DBHDS regarding ID/DD children. J. Wilson has reviewed and approved it to be sent as a preliminary proposal which will be modified. <p>Project Link</p> <ul style="list-style-type: none"> A meeting will take place on 3/2/15. Project Link proposal was revamped in Fairfax and a partnership with DBHDS will be continued dependent upon response from DBHDS. 	Modify draft	Lyanne Trumbull with Margaret Graham	
Follow Up	<p>NVMHI Census</p> <ul style="list-style-type: none"> Census today is 114. Seven clients were discharged this date. There have been some problems with peer to peer aggression. DHBDS has added 20 bed capacity for skilled nursing statewide which must be used for medical issues. <p>CSC Grants</p> <ul style="list-style-type: none"> Four of the five CSBs have received this grant that serves young adults with psychosis. The program in Fairfax is called Turning Point and is run by Fairfax CSB and PRS. PW CSB is close to having a RFP awarded (March). In Fairfax two people have already gone through intake and are ready for services. Alexandria has one person receiving services. They are contracting with a child psychiatrist from Fairfax and are doing the program almost entirely in-house out of their wellness center. Loudoun has psych time in place and has hired a coordinator. Clients are not yet being served. People have been identified and can 			

REGIONAL MANAGEMENT GROUP MEETING

TOPIC	DISCUSSION	REC/ACTIONS	RESPON-SIBLE PARTY	F/U DATE
	<p>be served in mid-March.</p> <ul style="list-style-type: none"> There is a youth in transition conference in Tampa, FL that S. Chis will send information about. Loudoun is now using the collaborative care platform <p>DSM5 Training/ICD-10 Transition</p> <ul style="list-style-type: none"> Funds for training have gone through CSB purchasing. It is hoped that training will be posted within the next week. Once posted, a "save the date" will be sent out. 	Review proposals Rooms have been reserved.	Lyanne Trumbull, Wendy Ford, Beth Tschopp	
Budget	<p>Regional Budget</p> <ul style="list-style-type: none"> The regional budget was reviewed and discussed. There were no updates. LIPOS payments have increased. 			
Utiliza-tion Manage-ment	<ul style="list-style-type: none"> Lyanne Trumbull provided highlights of the RUG Report` 			
Round Robin	<p>NVMHI:</p> <ul style="list-style-type: none"> The Pathways home has opened and four people from NVMHI will be discharged there and will come off the EBL. <p>Alexandria:</p> <ul style="list-style-type: none"> The CSB is recruiting a budget position. <p>Arlington:</p> <ul style="list-style-type: none"> The focus on MH remains intense. \$939 million will go to private providers for Medicaid and \$300 million to CSBs. Discussion ensued regarding the report. Private industry can't be held accountable. MH kiosks are located by blood pressure machines in Philadelphia. The community needs to be engaged as well as the boards in the region. <p>Fairfax-Falls Church:</p> <ul style="list-style-type: none"> GMU is hosting a conference. A handout was distributed to the group. <p>Prince William:</p> <ul style="list-style-type: none"> VACSB has asked A. Wooten to be on the nominating committee. Regional representative can get involved at the State level and can participate via conference call. K. Drumwright is working on the Dashboard and J. Wilson is the representative for that. 			

Adjournment: The meeting was adjourned at 12:00 p.m. The next meeting will be on March 27, 2015, at 9:00 a.m. in Chantilly, Suite 200, Multipurpose Room.

REGIONAL MANAGEMENT GROUP MEETING

Julie D. Parkhurst

Recorder

Date

3/27/15

 Chair

Date

3/27/15